Amphibian Is "Fashion Right"

Mr. and Mrs. Calvin Martin brought this "catch" to the TIMES-VIRGINIAN. It turned out to be a "mud puppy," caught by Mason Banton in Cub Creek. The mud puppy is still thriving at the Appomattox High School where Bruce Kroog, biology teacher, demonstrates how the "puppy" can breathe in or out of water. It can swim or walk (on four legs), and its feather-like gill projections are the newest fashion shade of cranberry. Game Warden Charles Torrence and others who viewed the "mud puppy" said it is their first look at a "live one." Fishermen tell us that puppies in smaller sizes make excellent bait.

Pretty Plants May Poison

The beauty of some ornamental plants in your home grounds is only skin deep. Poisons may lurk within.

James A. Smith, county agent, warns that during the fall season, some ornamentals develop seed. Caution children not to put seed and fruits in their mouths.

For instance, the castor bean plant — also known as the Palma Christi — develops seed in late summer and fall. The seeds are attractive for play purposes, but if eaten the results may be fatal.

If young children play where castor beans grow, examine the plants for clusters of flowers or fruits. Leaves and other parts of the plant are poisonous, too, but they are not likely to attract "browsing" children.

Smith says yew bushes develop seed surrounded by an attractive red, pulpy structure called the aril. They are tempting to young children who mistake them for cherry-like fruits. The aril alone is not poisonous, but the seed, leaves, and twigs are dangerous.

The sap of some familiar plants also can be irritating to the skin of some children and adults. An uncomfortable rash, or even blistering, may develop if iris is handled — especially the underground rootstock. Lily-of-the-valley, snow-on-the-mountain, lady slippers, cypress spurge, and others also contain irritating ingredients. Happily, these plants are not as toxic as poison ivy, and they affect only a few people. Some of the nightshade group develop attractive berries, and these berries are dangerous if eaten — especially if they are not fully ripe.

Vera

'Jesus said unto her I am the resurrection and the life he that believeth in me though he were dead yet shall he live.' John 14: 25

November gave us a plenty of rain and some snow. We hope that December will be nice weather.

Mr. and Mrs. Don Moses and Mrs. Mary Weaver, of Baltimore, were supper guests in the home of Mr. and Mrs. T. C. Harvey Sunday night.

Mr. and Mrs. L. H. Watson visited in the home of Mr. and Mrs. T. C. Harvey Wednesday.

Mr. Robert Coleman visited in the home of Mr. and Mrs. T. C. Harvey Monday.

Mr. and Mrs. T. C. Harvey visited in the home of Mr. and Mrs. L. H. Watson Friday night.

Week end guest in the home of Mr. and Mrs. T. C. Harvey were Mr. and Mrs. Richard Carson and Sylvia, Mr. Willie Gilliam, Miss Margurite Gilliam and Mr. Henry Chernault.

The W.M.U. of New Hope Church will hold a prayer service on Friday night for Missions. The Lottie Moon Christmas offering will be given. We hope for a big offering.

Little Don Harvey celebrated his fourth birthday Wednesday.

RIVAL STUDIES

"I hear you've been studying for months how to increase your salary. How did it turn out?"

"Poorly. The boss was studying at the same time how to cut down expenses."

Farm Price Outlook

(This is the way prospects for Virginia farm prices looked to the Virginia Department of Agriculture on Friday. The Department offers it to farmers with the warning that no one can predict prices and be right all the time.)

Hay

Hay prices in Virginia are expected to move up somewhat.

Two main reasons are seen for the expected increase. Competition from other states for hay will be strong. Rail rate reductions of 50 per cent have been in effect over several railroads. There is a possibility that one or more of these railroads will cut their rate reduction back to 25 per cent after December 12.

Out-of-state supply of hay available is expected to be adequate throughout the winter, but supply should become a little tighter as we move on into the winter.

Although prices will vary throughout areas of the state, dealer prices for first cutting alfalfa last week ranged from a low of $45 to a high of $49. Prices on second or later cuttings of alfalfa ranged from a low of $31 to a high of $36. Clover timothy ranged from $44 to $48.

These prices are quoted for No. 2 or better grades of hay.

Turkeys

Not much change is expected from present turkey prices in Virginia, and no drop in the market is foreseen. The greatest strength should be in prices for young hens.

Indications for the nation are that fewer birds will be coming to market. Slaughter, in pounds, during the first 4 days of November was down six per cent compared to the same period last year. Storage holdings, however, are larger than last year.

Cattle Must Have Concentrates If Forage Is Short

You can't starve profits out of a dairy cow! And V. L. Baldwin, dairy specialist at Virginia Polytechnic Institute, says in these times of severe forage prices, the dairymen should feed much more concentrates (grain and supplement, etc.) to his animals.

Furthermore, Dr. Baldwin says to save the present forage supply as much as possible, to avoid the possibility of an even more severe shortage next year.

One pound of concentrates will just about substitute for two pounds of hay or six pounds of silage. The important thing is total "intake" of net energy and protein according to the cow's needs.

A cow must have some forage — at least 0.8 pound of hay equivalent for each 100 pounds of body weight each day — to keep her digestive system functioning properly. She may need slightly more than this to maintain the normal butterfat test, especially if much of the hay equivalent comes from lush pasture.

At least three to four pounds of the total forage should be hay. A 1,200-pound cow should eat four pounds of hay and 12 pounds silage or 4 pounds hay and 24 pounds green chop or pasture each day. If this cow produces 40 pounds of 4 per cent milk day, she also will need about 22 pounds of average concentrates to meet her total needs.

Under emergency conditions, some of the forage needs can be supplied from various high fiber feeds, including poor quality hay, straw, corn cobs, corn fodder, beet pulp, or citrus pulp.

If you are using the machine-processed DHIA record keeping system, the pounds of concentrates indicated is just as good a guide as under normal conditions. When you report less forage feed or poor quality, the machine balances out the cow's needs by showing more concentrates needed.

County agricultural agents have guides to use in figuring competitive prices you can afford to pay for different feeds. Protein needs also should be computed, Dr. Baldwin says.

High Set In Appox. League

Oakville	27	9
Independents	25	11
Garment Co.	22	14
Sunoco	19	17
Birdhunters	15	21
WOW	0	36

High Team — Sunoco — 1576
High Game— R. T. Megginson—137
High Set — James Franklin — 362

Wayne Terry's 129-346 led the Birdhunters to two wins over the Independents led by Billy Conner's 121 game and James Gowin's 341 set. Oakville paced by R. T. Megginson's 137-330 took two games from the Garment Co. led by Sam Ferguson 123 game and W. Haley's 336 set. Sunoco led by John 128-362 took three from W.O.W. led by Charles 168-291.

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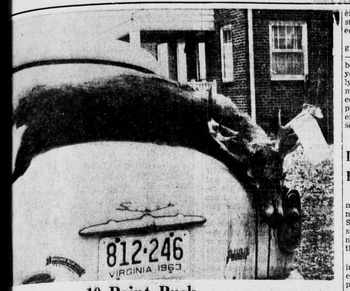

10 Point Buck

Slagle, Rt. 2, Appomattox, and her, had good luck Sat., Nov. 23. this 10 pt. buck not too far away from their home. Slagle estimated the buck's weight at 180 pounds or more.

...or Should Decide ...Hunter's Heart

...similar headlines ...the season rolls ...d Week Hunting ...r 10 Heart Fatalities that in most ...hunting deaths and ...e caused by heart ...by gunshot wounds.

...L ...MENT ...L BALANCING ...RINELS ...TOR CO. ...ehoe License ...o. 729

Yet hunting and heart attacks need not go together Virginia Heart Association says.

Some people are surprised when they hear that a friend who had a heart attack is going hunting — with his doctor's blessing. Actually the man who knows he has heart disease has a better chance of surviving a hunting trip than many others if he respects his limitations. If the recovered heart patient follows his doctor's advice carefully and doesn't push his luck, he can enjoy hunting for years to come. Let your doctor decide.

More often than not, the hunters who make the headlines are the men who haven't had a physical examination in years. Between hunting seasons the chances are they rarely exercise more than their vocal cords. Yet they're determined to keep up with younger or conditioned "outdoor men." Such men can push their luck and their hearts too far.

To take some of the hazards out of hunting, Virginia Heart Association offers the following suggestions: Have a physical examination several weeks before you go hunting. Be able to tell your doctor about the geography and climate of the hunting grounds. Get into condition. Hunting is definitely an active sport and, like all athletes, hunters should "train" for the big event.

On the hunting trip, take the load off your heart in every possible way. Choose warm but lightweight clothing. If the hunting area is at a higher altitude than you're accustomed to, go a few days early to give your body time to adjust to the heights.

Whenever you begin to feel hushed, rest as long and as often as necessary. It's better to rest before you get overly tired.

After the kill never attempt to drag in a heavy carcass by yourself. This is a job for two or more able-bodied men.

Never hunt alone. If you have a heart condition, tell at least one companion about any medication you may be taking, which pocket you carry it in, and what ever else he should know in an emergency. Have medication instructions clearly typed or printed on container.

Hunting can be one of the great pleasures of outdoor life —if you recognize and respect both the hazards of hunting and your physical capacity. Strangely enough, some hunters spend more time preparing their equipment than they spend preparing their bodies for the exertions of hunting. Doesn't make sense, does it?

DON'T GET UP NIGHTS

To takes just 30c and 12 hours to start relief—or your money back at any drug store. When functional kidney disorders cause getting up nights, scanty flow, burning, backache, leg pains, dizziness use easy - to - take BUKETS 4-day treatment. Acts fast to increase and regulate passage. NOW at Patterson Drug Co., Store. No. 15, Appomattox, Va. Adv.

Dietary Supplement For Older People

Many older people are supplementing their diets with vitamin-mineral preparations. But a U. S. Department of Agriculture survey shows they often don't need them or they aren't using the proper ones.

Over a third of 283 households including elderly persons, either living alone or with another person at least 55 years of age, used some dietary supplement.

A closer look at these households revealed that 46 of them already had good diets. For them, spending money on supplements was probably unnecessary.

The other 56 had fair or poor diets which could have been improved by the right supplements. But of these 26 households 13 used preparations that provided none of the nutrients short in their diets. Another 31 took a vitamin - mineral supplement containing some but not all of the lacking nutrients. Obviously, the money spent on pills could probably have been used much more effectively on food or on a better selection of a supplement.

Dig Those Oversize Turnips!

And that's just what LeRoy Smith, of Appomattox did. He's shown, above right with the Times-Virginia editor, Lloyd Vaughan, left in the TIMES office. The turnips weigh 5 and three-quarters pounds, and six and one-half pounds, respectively — the size of large cabbage heads. Smith says there are more at home like them — and all this in a "dry" year. LeRoy Smith is retired postmaster of Appomattox.

WORTH ALL THE REST

She (after quarrel). — Everything in the house is mine—money, furniture, clothes. What did you have before you married me?"

Husband — Peace.

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Nitrogen Loss Problem

Pick Fertilizer Carefully When Top-Dressing Grass Sods, VPI Says

Mr. Farmer — you'd better pick your nitrogen source carefully when topdressing grass sods this fall or next spring! George Hawkins, Virginia Polytechnic Institute agronomist, says research shows that when certain fertilizers are used considerable amounts of nitrogen can be lost as ammonia gas.

The worst offender is urea. When applied at rates to equal ammonium nitrate, yields from urea are only 85 percent as much as from ammonium nitrate tests show.

This loss was caused in the tests by loss of nitrogen as ammonia gas from the urea. From 12 to 13 percent of nitrogen applied was lost as gaseous ammonia in seven days. This is because of the breakdown of urea to ammonia by an enzyme in the plants.

These studies indicate that urea or urea-ammonium nitrate solutions are not satisfactory sources of nitrogen for use in topdressing grass sods. Ammonium nitrate and calnitro, or ammonium nitrate-lime are better sources of nitrogen to use.

The picture is not all black for urea, however. When urea is applied to a soil surface or to a crop that gives only a partial soil cover, such as small grains in the spring of the year, very little or no nitrogen will be lost.

Under such conditions, urea solutions should be satisfactory sources of nitrogen. New Jersey research shows that when urea is applied to a soil surface where the pH is below 6.5 and soil temperature is below 72 degrees, very little loss of nitrogen will occur.

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